

Deciding on international mobility, coaching decision support

Collaborator/Couple

- Individual or couple program
- 4 hours
- In person or remotely

Prerequisites

Before leaving for expatriation

> “I really wanted to leave, but I was afraid of the impact on my partner's career, and ultimately on our relationship. I thought it was great that my company offered us this coaching. It allowed us to work on our project, on Stan's chances of finding a job there, and also on my resources to continue playing a role as a professional, mother, and partner abroad.”
>
> “Thank you!” - Sonia, expat in Russia

Target audience

Employees and spouses who have to face numerous challenges (professional, social, family) in a new country, who are going on expatriation, who are transferred from one country to another outside France (TCN) or who are already on expatriation.

If you have a disability or specific needs, please contact Alix Carnot, our Disability Advisor, by email: alix.carnot@expatcommunication.com

Educational objectives

- Discover or rediscover the facets and challenges of expatriation
- Identify your motivations, difficulties and fears through discussions
- Analyze and seek solutions: ideas, practical information and contacts, based on your personality, your family, your place of expatriation and your living conditions
- Develop your personal project (objectives and action plan)

Tools and working methods

The work alternates between discussions, personal questioning, educational tools, filmed testimonies and practical advice.

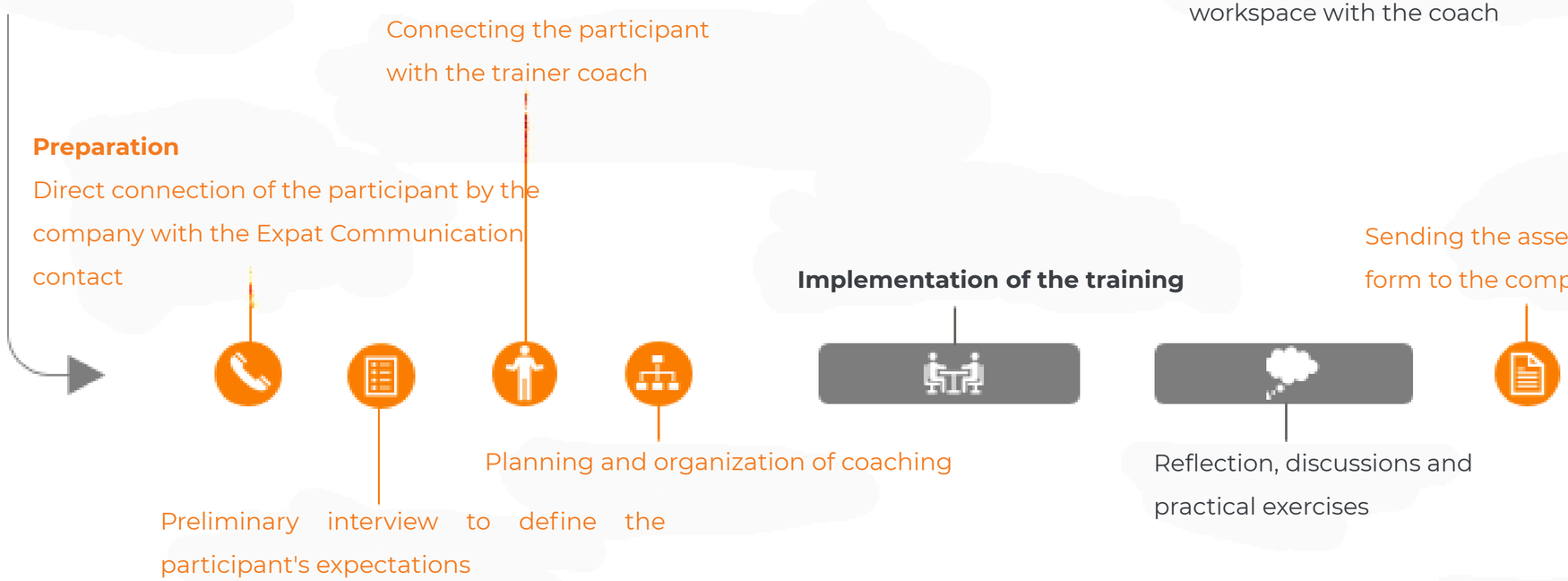
- Cards
- Bibliography
- Gapsmoov intercultural platform with its culture decoder.
- Use of images and videos.

Gapsmoov intercultural platform with its culture decoder.

Access to our digital platform*

*Expat Communication Coach Academy: secure remote coaching space, including videos, tutorials and a shared workspace with the coach

Process



Service available in 11 languages

Our coaches-experts

The experts at Expat Communication's Coach Academy are selected, trained, certified, and supervised following a multi-month program. They receive ongoing training and work as part of a team. This is our main guarantee for the quality of our programs.

Club Expat Premium

In addition, the participant has access to the Premium Expat Club, an essential resource center for developing leadership in international mobility and maintaining work-life balance.

Expertise

More than 20 years of expertise in international mobility through the personal experience of our coaches and colleagues, the publications of our Expat Lab and the surveys of our Expat Communication Barometer.

Expat Community

Mutual assistance from a community of more than 40,000 expatriates in the networks run by Expat Communication.

Key Figures

93%	40	1556	1521
Participants who have benefited from our programs recommend them	expert coaches of 8 nationalities spread across 20 countries	number of hours of training completed in 2024	talents benefited from a program at Expat Communication in 2024

Training location: 6, rue d'Uzès 75002 Paris (Grands Boulevards Metro, line 8 or 9) or remotely Price: contact us
Registration: Beatrice Moulet Jullien - beatrice.moulet.jullien@expatcommunication.com - T: +33 6 67 81 77 52