

Services
2026

I'm going on an expatriation trip, children's and teenagers' workshop

Expatriate family

- Group course (6 people max)
- 2 hours
- In person

Prerequisites

This group program is aimed at children and adolescents aged 7 to 18, in the 4 months before or after their departure abroad.

> “Paul came back very happy and we were able to clarify or rediscuss many aspects of our expatriation.” - Catherine - China.
>
> “My children’s comments were very positive; I feel like it makes them see this new expatriation more as a new adventure than as an obligation” - Anette-Italy.

Target audience

Children and adolescents aged 7 to 18 who wish to understand and prepare for their future life abroad

If you have a disability or specific needs, please contact Alix Carnot, our Disability Advisor, by email: alix.carnot@expatcommunication.com

Educational objectives

1. Realize what a departure represents emotionally and materially
2. Express your questions, fears and concerns
3. Talk to other children in the same situation to help the child realize that they are not unique and to reassure them
4. Preparing the child for his new life
5. Include the child in the family expatriation project

Tools and working methods

The work alternates between discussions, personal questioning, educational tools, filmed testimonies and practical advice.

- Cards
- Bibliography
- Gapsmoov intercultural platform with its culture decoder.
- Use of images and videos.

Gapsmoov intercultural platform with its culture decoder.

Access to our digital platform*

*Expat Communication Coach Academy: secure remote coaching space, including videos, tutorials and a shared workspace with the coach

Process

Preparation
Direct connection of the participant by the company with the Expat Communication contact

Preliminary interview to define the participant's expectations

Connecting the participant with the trainer coach

Planning and organization of coaching

Implementation of the training

Reflection, discussions and practical exercises

Sending the assessment form to the company

Service available in 10 languages

Our coaches-experts

The experts at Expat Communication's Coach Academy are selected, trained, certified, and supervised following a multi-month program. They receive ongoing training and work as part of a team. This is our main guarantee for the quality of our programs.

Club Expat Premium

In addition, the participant has access to the Premium Expat Club, an essential resource center for developing leadership in international mobility and maintaining work-life balance.

Expertise

More than 25 years of expertise in international mobility through the personal experience of our coaches and colleagues, the publications of our Expat Lab and the surveys of our Expat Communication Barometer.

Expat Community

Mutual assistance from a community of more than 40,000 expatriates in the networks run by Expat Communication.

Key Figures

99%	40	1338	1696
Participants who have benefited from our programs recommend them	expert coaches of 8 nationalities spread across 20 countries	number of hours of training completed in 2024	talents benefited from a program at Expat Communication in 2024

Training location: 6, rue d'Uzès 75002 Paris (Grands Boulevards Metro, line 8 or 9) or remotely Price: contact us
Registration: Beatrice Moulet Jullien - beatrice.moulet.jullien@expatcommunication.com - T: +33 6 67 81 77 52