

Services
2026

Intercultural intelligence, individual coaching

Employee or couple on the move

- Individual or couple program
- 8 hours (flexible)
- In person or remotely

Prerequisites

This program is intended for employees whose expatriation project has been confirmed within 4 months precede or follow their departure.

> "I am delighted to have been able to benefit from this intensive and very high-quality training" -**Audrey, leaving for Mali**

> « I could get some understanding of business practices, and comparative cultural gaps across countries, for a range of business partners I will be dealing with ».
> **Clara, London**

Target audience

Collaborators or couples who wish to understand and identify the issues related to cultural change by developing their intercultural intelligence.

If you have a disability or specific needs, please contact Alix Carnot, our Disability Advisor, by email: alix.carnot@expatcommunication.com

Educational objectives

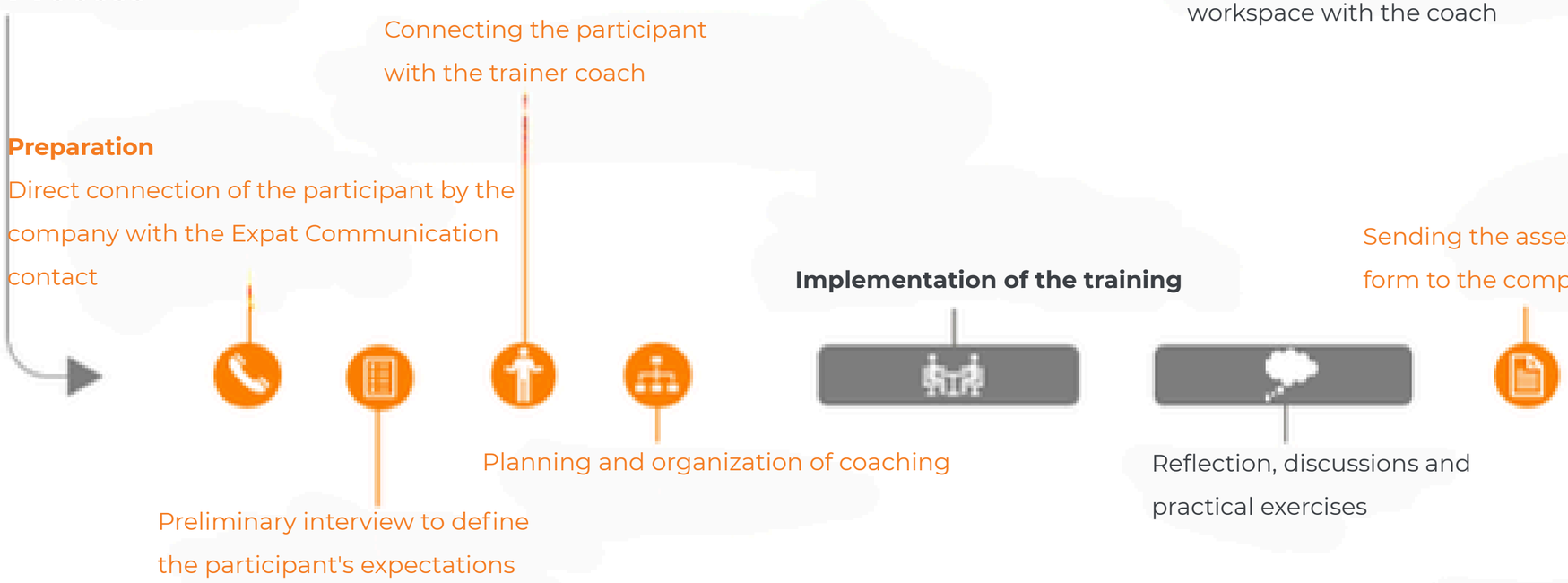
1. Become aware of your own frame of reference, your own culture and your values, thanks to the exercises and tools offered during the training
2. Becoming aware of the frame of reference, the values of others, cultural differences and possible misunderstandings
3. Acquire ideas, methods, and ways of doing things to build bridges in relationships with others by developing intercultural intelligence
4. Mastery of the tools to work effectively in the new culture.

Tools and working methods

The work alternates between discussions, personal questioning, educational tools, filmed testimonies and practical advice.

- Cards
- Bibliography
- Gapsmoov intercultural platform with its culture decoder.
- Use of images and videos.

Process



*Expat Communication Coach Academy: secure remote coaching space, including videos, tutorials and a shared workspace with the coach

Service available in 10 languages

Our coaches-experts

The experts at Expat Communication's Coach Academy are selected, trained, certified, and supervised following a multi-month program. They receive ongoing training and work as part of a team. This is our main guarantee for the quality of our programs.

Club Expat Premium

In addition, the participant has access to the Premium Expat Club, an essential resource center for developing leadership in international mobility and maintaining work-life balance.

Expertise

More than 25 years of expertise in international mobility through the personal experience of our coaches and colleagues, the publications of our Expat Lab and the surveys of our Expat Communication Barometer.

Expat Community

Mutual assistance from a community of more than 40,000 expatriates in the networks run by Expat Communication.

Key Figures

99%	40	1338	1696
Participants who have benefited from our programs recommend them	expert coaches of 8 nationalities spread across 20 countries	number of hours of training completed in 2024	talents benefited from a program at Expat Communication in 2024

Training location: 6, rue d'Uzès 75002 Paris (Grands Boulevards Metro, line 8 or 9) or remotely Price: contact us
Registration: Beatrice Moulet Jullien - beatrice.moulet.jullien@expatcommunication.com - T: +33 6 67 81 77 52