

International Leadership Coaching

Services
2026

International collaborators

- Individual Program
- 10 to 15h
- In person or remotely
- In 7 languages

Prerequisites

This program is designed for employees and managers with strong international exposure to help them unlock their full potential and take on new challenges in an intercultural context.

> “This coaching allowed me to feel more comfortable with my team. It helped me decode intercultural issues and better understand each person’s motivations. It was very rewarding”
> **David, expatriate in Brazil**

Target audience

The manager who wishes to develop leadership and managerial skills in an international context.

If you have a disability or specific needs, please contact Alix Carnot, our Disability Advisor, by email: alix.carnot@expatcommunication.com

Educational objectives

- **Take a step back, clarify and formulate objectives, structure your thoughts and support your reflections using the framework for confidential exchanges and sharing and the tools and exercises offered by the coach.**
- Gradually **acquire** throughout the program **the attitudes and reflexes** needed **to act** independently by **seeking your own solutions** and leveraging your resources.

Meeting the needs of managers:

- **Understand cultural challenges and enhance your cultural intelligence**
- **Successfully transition into your role** and find your place within the executive committee
- **Communicate with assertiveness and effectiveness** in sensitive situations, and succeed in public speaking
- **Support change and promote diversity,** ethics, and inclusion within teams
- **Improve performance,** prioritize, and manage time more effectively
- **Develop resilience,** well-being, adaptability, stress management, and work-life balance
- **Foster female leadership**

Tools and working methods

- **Personality Profile on Preferred Behaviors** and Core Motivations (DISC and WPMOT from TTI Success Insights, INC Profile)
- **Effective Communication** (Nonviolent Communication, Gordon Method)
- **Positive Intelligence**
- **360° Feedback Questionnaire: input from teams, colleagues, managers, and partners**

Our intercultural tool Gapsmoov

The “digital learning” solution 100% dedicated to intercultural.
Your employees will find there for one year:

- Their individual intercultural profile
- **70 countries decoded, positioned on 18 cultural gaps**
- **90 professional situations explored in videos, in 15 minutes**

Globally recognized return on investment:

More confident, serene, fulfilled, enthusiastic and efficient managers, more loyal to their company

Process

A confidential, caring, respectful environment and a positive state of mind

At the start: listening to the expectations of the coachee and their manager to define shared coaching objectives and success indicators

Each session provides an opportunity to explore real-life situations, clarify ideas, gain perspective, identify strengths and obstacles, and foster essential self-awareness.

15 to 20 individual coaching sessions, each lasting 1 hour, over a period of 4 to 12 months

The coachee develops personal strategies and an action plan aligned with their personality, strengths, and values, using proven methods.
They implement their actions and experiment with new behaviors between each session.

They progress step by step toward achieving their goals, supported by the coach's encouragement, while gaining greater autonomy.





At the end of the coaching process, a review with the manager, the coach, and the coachee is conducted to assess the progress made and identify areas for continued development.

Service available in 7 languages.

Our expert coaches

Support from certified and experienced professional coaches in international issues:

- Intercultural and sectoral expertise
- Experience with large international groups
- Fluency in several languages

Club Expat Premium

For expatriates: in addition, the participant has access to the Premium Expat Club, an essential resource center for developing leadership in international mobility and maintaining work-life balance.

Expertise

More than 20 years of expertise in supporting international talent through the personal experience of our coaches and colleagues, the publications of our Expat Lab and the surveys of our Expat Communication Barometer.

Expat Community

Mutual assistance from a community of more than 40,000 expatriates in the networks run by Expat Communication.

Key Figures

99%	40	1338	1696
Participants who have benefited from our programs recommend them	expert coaches of 8 nationalities spread across 20 countries	number of hours of training completed in 2024	talents benefited from a program at Expat Communication in 2024

Training location: 6, rue d'Uzès 75002 Paris (Grands Boulevards Metro, line 8 or 9) or remotely
Price: contact us
Registration: Beatrice Moulet Jullien - beatrice.moulet.jullien@expatcommunication.com - T: +33 1 42 36 91 91