

Preparation for joint departure

Services
2026

Expatriate spouse

- Individual program
- 4 hours individually
- In person or remotely

Prerequisites

This group program is intended for spouses, in the 4 months before or after their departure.

> “I feel much better equipped to arrive in Dubai and experience this expatriation in the best possible conditions” - Lucie, Mexico
>
> **“I was able to put actions in place before this departure,** Today I have some real ideas to make sure our departure goes as smoothly as possible” - Cécile, Singapore

Target audience

Spouses of employees going on expatriation (for the first time or as part of a new expatriation) who wish to be involved in their expatriation and build their own project.

If you have a disability or specific needs, please contact Alix Carnot, our Disability Advisor, by email: alix.carnot@expatcommunication.com

Educational objectives

1. Supporting spouses to enable them to prepare for expatriation
2. Measure the impact of this on their personal, family and professional lives.
3. Identify the strengths and weaknesses of their project
4. Analyze and seek solutions
5. Develop an action plan.

Tools and working methods

The work alternates between discussions, personal questioning, educational tools, filmed testimonies and practical advice.

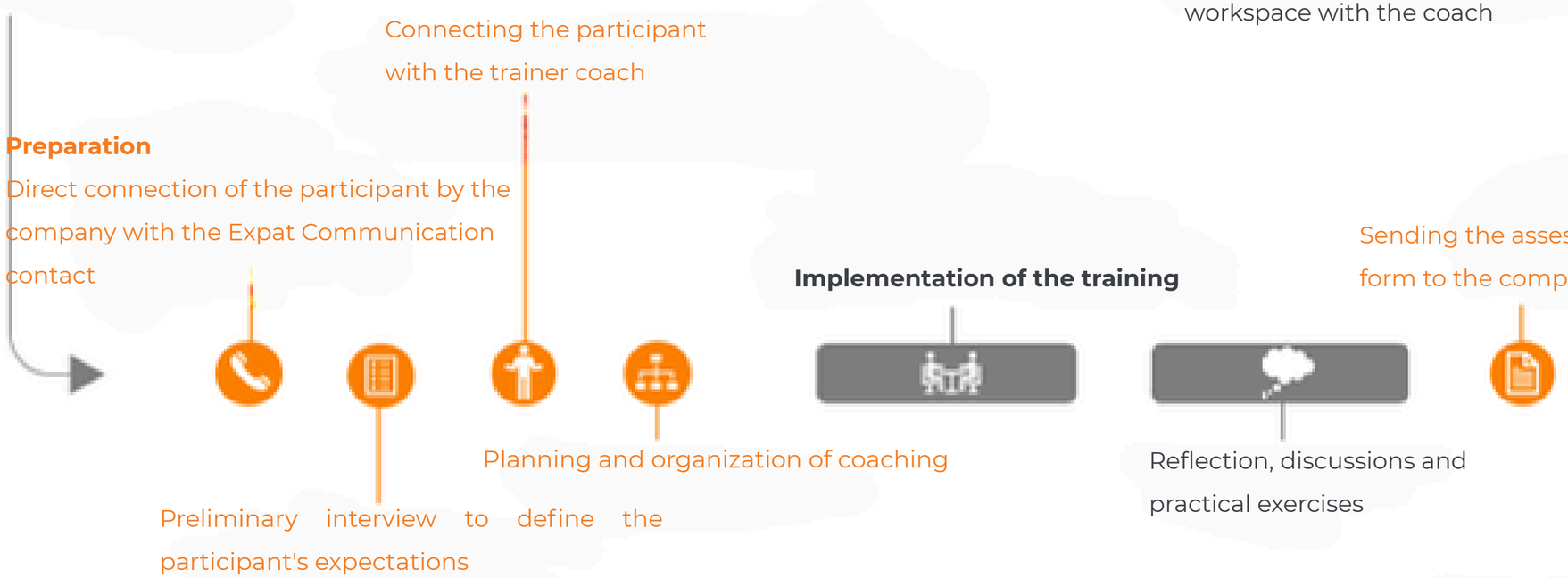
- Cards
- Bibliography
- Gapsmoov intercultural platform with its culture decoder.
- Use of images and videos.

Gapsmoov intercultural platform with its culture decoder.

Access to our digital platform*

*Expat Communication Coach Academy: secure remote coaching space, including videos, tutorials and a shared workspace with the coach

Process



Service available in 10 languages

Our coaches-experts

The experts at Expat Communication's Coach Academy are selected, trained, certified, and supervised following a multi-month program. They receive ongoing training and work as part of a team. This is our main guarantee for the quality of our programs.

Club Expat Premium

In addition, the participant has access to the Premium Expat Club, an essential resource center for developing leadership in international mobility and maintaining work-life balance.

Expertise

More than 25 years of expertise in international mobility through the personal experience of our coaches and colleagues, the publications of our Expat Lab and the surveys of our Expat Communication Barometer.

Expat Community

Mutual assistance from a community of more than 40,000 expatriates in the networks run by Expat Communication.

Key Figures

99%	40	1338	1696
Participants who have benefited from our programs recommend them	expert coaches of 8 nationalities spread across 20 countries	number of hours of training completed in 2024	talents benefited from a program at Expat Communication in 2024

Training location: 6, rue d'Uzès 75002 Paris (Grands Boulevards Metro, line 8 or 9) or remotely Price: contact us
Registration: Beatrice Moulet Jullien - beatrice.moulet.jullien@expatcommunication.com - T: +33 6 67 81 77 52